

Lapita Frewin

Navajo and Native American arts



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Springville, UT

Available for:

Schools K-12, Rural, Adults, Seniors, Workshops
for teachers, Institutionalized

My name is Lapita Keith Frewin. I am a full-blooded Navajo born on the Navajo reservation. I left home at the early age of nine to live with a main-stream American family to get a better education. Returning home every summer, I was able to get the best of both worlds. After graduating High School I enrolled in Brigham Young University where I was able to get a Bachelors Degree in Social Work and a minor in Native American Studies. I currently am a Social Worker helping families of all cultures.

In my spare time I am able to fulfill one of my passions in life by preserving not just my Navajo Culture, but all Native American Cultures. I saw so much that was misunderstood in main-stream America that I decided to do as much as I could to connect that gap.

I love working with all ages. Kids are great because they don't know what is incorrect and I can enrich their young minds, and I love the teens and young adults because they are so eager to learn and I love working with adults because they appreciate and are respectful of Native Cultures. I am predominately a beadworker. Many museums have allowed me to study old specimens and I have tried to recreate those pieces using authentic materials. It is an awesome feeling when you bring something back to life knowing where it came from and knowing you can share and preserve this way of life.

Since I work full-time I try to keep my artist in residence projects close by, I have more time in the summer where I have 6 weeks off. I am open to anything from beadwork, moccasins, making drums to teaching language lessons through games.